FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* THIRUVENGADAM PADMA							2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]											tionship of Reportin all applicable) Director Officer (give title below)		son(s) to Iss 10% Ov Other (s below)	vner
(Last) (First) (Middle) 311 C ENTERPRISE DRIVE							3. Date of Earliest Transaction (Month/Day/Year) 03/23/2015											Corp VP, Chief HR			
(Street) PLAINSBORO NJ 08536						4. If Amendment, Date of Original Filed (Month/Day/Year)											individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)																					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)							ction 2A. Deemed Execution Date,				3. 4. Section Disposition Code (Instr. 5)			Acquire	ed (A) o	5. Amount of		int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount		(A) or (D)	Price	е	Transaction(s) (Instr. 3 and 4)				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
Common	Stock		3/2015	2015				A		1,08	7	A	\$0	0.00	11	1,539		D			
Common	Stock	4/2015	2015				F		255		A	\$62	2.65	11	1,284		D				
Common	Stock	4/2015	2015				F		254		A	\$62	2.65	55 11,030		D					
		٦	Table II -									sed of onverti					wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr 8)					Date Exe piration I onth/Day		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		De Se (In	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	nte kercisable		opiration	Title		Amour or Number of Shares	er					
Non- Qualified Stock Option (right to	\$62.1	03/23/2015			A		499			(1)	03	/23/2023	Com Sto		499		\$0.00	499		D	

Explanation of Responses:

 $1.\,25\% \ of the shares of stock options will vest each of the first, second, third and fourth anniversaries of the grant date of 03/23/2015.$

Remarks:

/s/ Richard D. Gorelick; Attorney-in-Fact 03/25/2015

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.